

STUDY GUIDE 12
EPHESIANS 6:10-24



Be Strong, Stand Firm, Pray

As you start this study, ask the Holy Spirit to help you understand what God has said through Paul.

DAY 1

Read Ephesians 6:10-24 three times.

1. What is the main idea?
2. There are 4 commands Paul gives in these final verses.
In verse 10: be _____.
In verses 11 and 13: put on _____.
In verse 14: stand _____.
In verse 18: and _____.
This is what we are supposed to be doing.

3. Verse 10 tells us to be strong in who?
And in His what?

Read Ephesians 1:19-20 and Philippians 3:10.

In Study Guide 2, Day 3, question 2 we saw that the extraordinary divine force by which Jesus Christ was raised from the dead is the same power at work in and through believers.

DAY 2

1. Verses 11 and 12 give two reasons we need to be strong in the Lord. What are they? What is our struggle not against?
2. Note in verse 11 – who do we stand against?
In verse 12 write the four words used after “against”. Note they are plural. What are they of _____? In _____?
3. We have seen reference to those in the heavenly realms before in Ephesians. See Ephesians 2:2; 3:10; and 1:21. Also see Romans 8:38; John 12:31 and 16:11. What do these passages say about these beings?

DAY 3

1. Verses 11 and 13 tell us how we will be able to stand firm in our struggles against the devil and his forces. – Put on the _____.
2. From verses 14-17, list each piece of armor and beside it what it is defined as. (There are 7). Also note what part of the body is covered by each piece. Which pieces are used to defend? Which are used to assault (or as offensive pieces)?
3. What does verse 14 say is the foundation garment of the armor? What does a foundation girdle do for the rest of the armor?

TO DIG DEEPER: Paul uses the analogy here of a soldier prepared for battle. He is picturing a Roman soldier, which all people in Asia Minor are familiar with. Using a Bible Dictionary, Bible Encyclopedia or a Bible Commentary, look up Armor – especially of the Roman soldier. Write down what you learn. Explain why you think Paul used this illustration.

DAY 4

1. Clearly from the verses we have studied so far our struggle with evil is not just in the physical realm, but also in the spiritual realm. Read verse 18 – who is in this battle with us? How do we access His help?
2. From verse 18 when are we to pray? What are we to pray? The attitude we should have – be _____. Who should we always keep on praying for?
3. Who else did Paul ask the Christians in Asia Minor to pray for? (verse 19). What does he want them to ask for him? (verses 19-20). Note Paul uses the words “fearlessly” or “boldness” or “boldly”. What does Colossians 4:3-4 add to your understanding of these verses?

DAY 5

1. In verse 21 who is Paul sending to them? Read Acts 20:1-4; Colossians 4:7; 2 Timothy 4:12 and Titus 3:12. Write down what you learn about this man from all these verses.
2. Why is Paul sending Tychichus to them? (verses 21-22)
3. What is Paul sending to the readers in verses 23-24? These are special greetings from Paul “to the _____” and “to all who _____”.

DAY 6

APPLICATION: In what ways do you experience the power of evil? What Christian resources do you have to enable you in your battle to resist evil? Where in this city, country and world do we see evil? How can we help persecuted Christians (those being targeted by evil either individually or collectively as a group)?

FOR REFLECTION: Paul was often in situations where he was questioned about his faith or in prison for talking about Jesus Christ. If you notice from reading in the book of Acts about Paul’s ministry, he gave his testimony, taught about Jesus and witnessed to all who would listen. He was never nasty or hateful, but showed respect and calmly gave his testimony, without apology. He did not intentionally intend to offend others, but made no excuses if others became offended by the message of the gospel. Many in other countries are beaten, tortured, imprisoned and killed because they believe in Jesus Christ and boldly say so. Very few of us at CCPC have experienced such treatment because we trust in Christ for our salvation. Sometimes others will ridicule us, shut us out, call us closed minded – even someone may lose a job. Yet, do we boldly yet humbly share with others that we are a Christian? Do we even pray for the opportunity to share with someone about who Jesus Christ is? Are we praying for each other to be bold to tell others about Jesus Christ? We have those opportunities now, but gradually others are working away at our constitutional rights to freedom of speech and freedom of religion in the name of political correctness and tolerance. We need to access the power of the resurrection available to us through the Holy Spirit, equip ourselves with the “whole armor of God” and pray for boldness to witness for Christ and stand against evil in our day.

Remember: We are blessed with every spiritual blessing – not to just keep for ourselves, but to share with others how they may too have these spiritual blessings in their lives!